

Clinical Training To-Go

“With these resources you will be able to gain some of the insights that I have learned from the great doctors that have spoken into my life.”

I want to thank you for your courage to practice functional medicine. As I have said many times pharmaceutical agents will never satisfy a nutritional deficiency. And yet it seems like mainstream media is ignoring the science of nutrition. One only has to watch the news or pay attention to the commercials to see that we are led away or more precisely steered away from natural healing.

I have been in this field for over 40 years and I have seen a lot of fads come and go but there are natural healing truths that continue to surface and are essential for optimal health and healing. To put these truths in bite size pieces, the team at Metabolic Management has collected some of the most important concepts to stimulate or facilitate true wellness principles.

We deliver this training to you every week on our website thru the weekly Tuesday Minute videos, our webinars on demand, and even our Functional Medicine Course that you can attend in-person



or watch on demand. In addition, we've just launched a new way for you to access even more training.

We've compiled some of our best training videos to a site that you can now stream or download. Use the link above on this page or if you are on a PC, this QR code will appear again at the end of this video. Open the camera on your mobile device and point it at the QR code, and it will take you directly to the mobile training page.

You can listen while you drive, exercise, or sit out in the sun. With these resources you will be able to gain some of the

insights that I have learned from the great doctors that have spoken into my life. In fact, that's how the Tuesday Minute was born.

I wanted to share the pearls of clinical wisdom that doctors have taught me over the years, many of which are no longer with us. The Tuesday Minutes on the metabolicmanagement.com website are brief research clips on timely topics that you can learn over a cup of morning coffee or tea.

Over the years we have created over 600 Tuesday Minute videos. From my Tuesday Minute videos, the

first 8 audios are clinical pearls on digestion, pH, thyroid enhancement, adrenal support, anxiety, treating brain injuries, fish oil updates and SOD (our bodies main antioxidant and how to increase it).

The next two audios are presentations by Dr. Alex Vasquez who holds 3 medical degrees in: Osteopathy, Chiropractic and Naturopathic medicine. If you are looking for reasons to support your belief in functional medicine, Dr. Vasquez is your guy. All of his webinar, power point slides and books are thoroughly backed up in the literature. Dr. Vasquez's first training discusses nutrients that prevent and reduce viral replication. His next audio training is, "The role of vitamin D and pain."

The next two audios are really fun and encouraging. Nothing is more exciting than to hear success stories. They are testimonies of people whose lives have been changed by two of the detox programs offered by Biotics Research. The first audio is about three people who have experienced profound relief from a 15-day detox.

Next is a case study of a patient who lost 65 pounds became pain free and got off 5 different medications in 6 weeks on a program called WholeLife Rx. This program is unique because it can be used as a cornerstone of a telemedicine program.

The next audio training features 5 different clinicians discussing the reasons why Biotics is so unique and a cut above every company when it comes to quality control. In the next audio training, I discuss the top 50 bestselling Biotics Research products, the rationale for their development, their clinical application and then dosage recommendations.

Next is a special treat as I interview Dr. Mark Houston as he discusses a product called VasculoSirt. Although he developed it for vascular disease it is really one of the premier products for mitochondrial support. Next is a

webinar with Dr. Greg Peterson and I describing the physiology of digestion and therapeutic applications.

The last audio training is Dr. Ray Bisevac and part of one of his Functional Medicine sessions. Dr. Bisevac's educational presentations are unique opportunities to learn online. Additional sessions can be accessed through our website metabolicmanagement.com.

It's funny as I look at this material, it literally represents many, many years of my life as I have studied and applied nature's basic laws. I hope you enjoy it as much as I did preparing it for you.

So use the link above or the QR code on the screen after this Tuesday Minute and navigate to the training page. Thanks for watching. I look forward to being with you again next Tuesday.

You can access the training in 2 ways. Use the USB or you can use the QR code included in this packaging. Open the camera on your mobile device and point it at the QR code and it will take you directly to the mobile training page. Thanks for listening.