

Organik-15 Clinical Applications

"This patient lost 60% of his lung capacity as the result of firefighting and is now medication free!"

In the Olympics during the mid 70's, it was rumored that the Russians were using a special sports enhancement drug because they seemed to dominate so many events. Later it was found that all their athletes were using pangamic acid or vitamin B15.

B15 enhances the methylation process. You see energy from methyl groups does not follow glucose or the Krebs cycle; methyl groups are combusted by way of a faster, alternative route. So athletes, especially performance athletes, can really feel the difference. But guess what; in today's crazy lifestyle "everyone is an athlete."

Don't you feel like some days you have been running a marathon? After all the excitement about the Russian athletes, Biotics' researchers were able to create Organik-15, a specialty product that supplies biologically active methyl related culture concentrates along with natural- organically



bound trace elements and enzymes.

A colleague of mine shared these words regarding her clinical experience with Organik-15. "One asthma patient I was working with was on several bronchial inhalants and two of the strongest asthma medications on the market. The dose he was taking was so high that it was at the toxic level. The doctor prescribed it because it was the only dose that gave him some relief. The relief was limited but at least he felt like he could breathe.

This patient had lung damage as the result of firefighting. He was exposed to chemical toxins while at work and lost 60% of his lung capacity. Because this was a permanent condition, he was immediately put on disability and had to retire at the age of 40. This was a huge loss for him as he loved his job. I suggested the Organik-15 because prior patients have reported increases in physical activity by as much as 20%. The initial dose was 3, 4x per day.

I also added Pneuma-Zyme from Biotics. Pneuma-Zyme

contains neonatal lung tissue concentrate as well as vitamins A, C, E and selenium. The initial dose was 5, 3x per day. I also recommended he avoid offending foods that increase mucous like dairy products and gluten grains.

He had such remarkable progress that he and his doctor were able to reduce the amount of medication, as well as eliminate two of his inhalers. His energy improved as did his wind. He was able to perform a higher level of exercise and soon was running five miles per day. Within a month or so, he was able to completely stop his toxic asthma medications.

To this day he continues taking the Organik-15 but at much lower doses. He takes 3 tablets per day and has been able to stop the Pneuma-Zyme. He now is medication free and uses one inhaler only as needed, a couple times per week." That's awesome! Someone with a 60% lung disability and is now medication free!

Another colleague, Dr. William "Bill" Ellis, described the function of methyl groups and Organik-15 this way. "Methyl groups are one-carbon portions of biosynthetic material within the cell. Reactions include the synthesis of creatine (which is important in muscle contraction), adrenalin (involved in biological oxidation), steroids (needed for hormone metabolism, also the synthesis of vitamin D and cholesterol) and lecithin (essential for the emulsification of cholesterol), as well as methylation-mediated deactivation of toxic compounds. In the absence of methyl donors, such groups are still demanded, but are taken at the expense of proteins which carry these groups and their precursors. Further, methyl donors help to spare methionine, one of the scarcest of amino acids."

I have personally used Organik-15 successfully with patients that were suffering with asthma, emphysema, and other upper respiratory problems like bronchitis. Organik-15 should be also considered and has been found beneficial in cases where increasing methylation may benefit the patient such as: increasing endurance for sports performance; morning sluggishness; stubborn cases of biliary stasis; and part of a program for patients with autism, angina and unresponsive elevated homocysteine.

Methylation is important for the integrity of the myelin sheath; therefore, Organik-15 should be considered as part of any program for patients with MS or other problems involving the myelin sheath.

Another interesting application may be for people who live in large cities. In Europe, methylated products are considered helpful protectants from pollution, especially carbon monoxide. Personally, when driving long distances, I take Organik-15. Three tablets several times a day to reduce what I call "the road buzz," that foggy feeling from second hand exhaust fumes.

You'll find more about Organik-15 below. It supplies both methyl donors and acceptors, has a detoxifying effect, and it has unique value as an energy source. Organik--15 is one of my favorite supplements. I like having it on my shelf, and I find it can be used in a wide range of clinical applications.

Thanks for reading this week's edition. I'll see you next Tuesday.