

Children's ENT-Pro

"The unique strains of probiotics in Children's ENT-Pro have been shown to increase natural killer cells and promote health secretory IgA."

Sometimes when a product is attached to a story, it gets my attention. And boy have I got a story for you.

A doctor friend of mine called me with a difficult case. He was at a restaurant with his girlfriend. Her one year old son had been experiencing severe constipation for 6 weeks and nobody could determine the cause. The boy would literally scream in pain and often pass bloody stools that were like small rocks.

On this particular day the baby was crying uncontrollably in the restaurant, so she took him into the restroom to change his diaper and calm him down. To her amazement the child had a rock hard stool stuck in his rectum. She brought my doctor friend into the restroom to see if he could help her dislodge the stool. He literally had to go into the rectum with his fingers to dislodge the



stool; both the stool and his hands were covered with blood.

The horrified doctor called me and we discussed the case. He had seen some information about a product Biotics Research makes called Children's ENT-Pro and wanted to know how to use it and adjunctive therapies. The mom had tried various stool softeners and had used different probiotics but still the severe constipation prevailed. I suggested she have the child tested for food sensi-

tivities as that can cause both constipation and diarrhea.

If someone is eating foods that will cause inflammation, constipation is common. I like to use KBMO Diagnostics' blood spot FIT test, short for Food Inflammation Test. You can see a link to the right.

Increase water was my next suggestion. The child was still breast feeding, so I encouraged them to make sure she was not eating gluten and dairy until they

knew the infant could handle it. I also told him about my personal experience with Children's ENT-Pro when I was experimenting with the dosages and took too much.

Children's ENT-Pro by Biotics is a novel lozenge designed to support healthy probiotics in the mouth, ears, nose and throat, hence the name ENT. The unique strains in Children's ENT-Pro have been shown to increase natural killer cells and promote health secretory IgA. IgA is the body's immune response present in the mucus membranes.

Studies show it attaches readily to the mucus membranes in the oral cavity and since it is a bacterium, it will spread to surrounding areas when saturated. So sinus cavities, throat, esophagus and ultimately the small and large bowel will be affected.

The product was developed to support the immune system and the infections that plague school age children but adults can take it as well. The normal dose is 1 bid for children and adults can take up to 4 a day when battling an infection.

Any product that increases natural killer cells is a big hit in my book so when the product came out I started taking 2 lozenges, 4X a day, as I was traveling. When flying, who knows what infections other people have and since the breathable air is recycled I like to increase my immune support.

The product is a strawberry flavored lozenge to be dissolved in your mouth for maximum benefit. Let's just say 2 qid really got things moving for me. Remembering my

experience and knowing that it tastes so good, I suggested Children's ENT-Pro at $\frac{1}{4}$ to $\frac{1}{2}$ tablet bid for a one year old. My physician friend called me yesterday to share how $\frac{1}{2}$ of a tablet made a huge difference the 1st day. And by day 5, the child was having normal bowel movements. No more screaming, no more pain, no more bloody stools and all this without any of my other pearls of wisdom. Just $\frac{1}{2}$ tablet of Children's ENT-Pro per day. His girlfriend thinks he is a miracle worker.

Many strains of probiotics are either dead when you get them or do not have the capacity to multiply. The strains in Children's ENT-Pro are so supportive that the developer of the stains, Dr. Sichel, says the product can even be taken when people are on chemotherapy, because the initial seeding is taking place in the mouth.

You can see a link to the right for another discussion on the more technical aspects of Children's ENT-Pro, but I just thought this story would put this product on your radar.

We are not going to get away from the infections of the day but we can gear up our immune systems to fight them. I encourage my kids and grandkids to take a few tablets a day to support their immune systems during the winter months. And don't forget to ask your patients if they have been taking antibiotics or if their children saw their pediatrician a lot last year. If so, start a program of prevention with Children's ENT-Pro.

Thanks for reading this week's Tuesday Minute edition. I look forward to being with you again next Tuesday.