



**Clinical Insights on
Structure & Nutrition
by Daniel Duffy, DC**

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Herpes Zoster (shingles, acute posterior ganglionitis)

The specific schedule below mitigates the pain in many chronic cases, the alternate schedule is for extremely acute pain. Apply Traumeel Cream to lesions.

Drink 2 quarts of celery juice a day, limit vitamin D intake, use high doses of Biotics **B12-2000 Lozenges** and **Bio-B 100**. In long standing pain cases the neuralgia may not resolve without the use of spleen neonatal glandular; use Biotics **Cytozyme-SP** in ever increasing doses until relief is obtained. Ethyl chloride spray gives temporary relief.

Notes/Discussion

Associated conditions are neuralgia, sciatica, nervous and psychogenic disorders, and infectious and toxic conditions.

Clinical Nutrition Applications

Specific Schedule

Bio-Trophic Plus (multivitamin/mineral source)

B12 2000 Lozenges (cell division and repair)

B-100 (comprehensive B complex)

Cytozyme-THY (glandular support of thymus)

Ca/Mg-Zyme (ionizable, diffusible calcium)

Additional Schedule - if response is limited

Cytozyme-SP (controls defense mechanisms)

Bio-Immunozyme Forte (broad-range immune support)

Cytozyme-Parotid TS (trophic catalyst for glandular therapies)

Synergists

Apply acid base balancing principles described above. In elderly, assure proper essential raw protein intake and consider supplementing with **Whey Protein Concentrate**.

Somatovisceral Applications

Spinal

The doctor is almost assured of finding a spinal lesion involving a rib head. The rib pump mechanism must be diagnosed and corrected. This affords almost instant relief. This writer speaks from experience.

Hiccups

An almost sure cure is to lift the uvula while patient breathes out and bends forward slightly. It has been said that Janet Travell MD (first female White House physician - appointed by JFK) learned this from a French chef at the White House.

This writer discovered that lifting the uvula coincident with inspiration negated all of the findings of a diaphragm involvement in a doctor during a seminar demonstration during the 1970s. At the time, the doctor, a heavy smoker and drinker, was showing all the physical signs of an impending cardiac event. Following the Uvula correction all signs and symptoms were gone. The doctor died of a massive heart attack a few months following the incident.